Bacup Walk Programme
Summer 2015

Wednesday 29th July: Bacup Town Centre Heritage Walk
Join Proffitts staff and learn more about the history of Bacup town centre and discover how it has changed over the years. Meet at Bacup Library on St James Square. This walk is suitable for pushchairs and mobility scooters as it is along pavements and roads. Difficulty rating = 1

Start time: 10am Distance: 1 mile Duration: approx. 1 hour

Saturday 1st August: Around Greensnook Lane
Join Proffitts staff at the AB&D Centre on Burnley Road to walk towards ‘The Sentinel’ sculpture and get great views. Note - this walk includes steep hills and rough path surfaces. Difficulty rating = 2

Start time: 1.30pm Distance: 1.6 miles Duration: approx. 1.5 hours

Tuesday 4th August: Around Tong Lane
Join Proffitts staff at Bacup Family Centre on Rochdale Road to walk up to Tong Lane and take in the great views across Bacup. Difficulty rating = 2 (steep climbs involved and rough paths in the woodland)

Start time: 1.30pm Distance: 1.5 miles Duration: approx. 1.5 hours

Wednesday 5th August: Bacup Town Centre Heritage Walk (repeated walk)
Join Proffitts staff and learn more about the history of Bacup town centre and discover how it has changed over the years. Meet at Bacup Library on St James Square. This walk is suitable for pushchairs and mobility scooters as it is along pavements and roads. Difficulty rating = 1

Start time: 9.30am Distance: 1 mile Duration: approx. 1 hour

Thursday 6th August: Around Greensnook Lane (repeated walk)
Join Proffitts staff at the AB&D Centre on Burnley Road to walk towards ‘The Sentinel’ sculpture and get great views. Note - this walk includes steep hills and rough path surfaces. Difficulty rating = 2

Start time: 6pm Distance: 1.6 miles Duration: approx. 1.5 hours

Friday 7th August: Around Tong Lane (repeated walk)
Join Proffitts staff at Bacup Family Centre on Rochdale Road to walk up to Tong Lane and take in the great views across Bacup. Difficulty rating = 2 (steep climbs involved and rough paths in the woodland)

Start time: 10am Distance: 1.5 miles Duration: approx. 1.5 hours

PLEASE NOTE
All participants must wear appropriate clothing and sturdy footwear in order to be able to take part in the walks.

Where possible, all walks will end at a local café for a brew (provided as part of the walk programme) for all those who have taken part in the walk.

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